

"USDA and Child Nutrition, Inc. are equal opportunity providers and employers."

9 N. 3rd Street, Suite 100, Warrenton, Virginia 20186

www.cni-usda.org

(800) 735-5434 or (540) 347-3767

PARENT SURVEYS

Parent Surveys are sent out each month to parents of those children who participate in the Child and Adult Care Food Program. The results from the surveys tell us if providers are serving nutritious snacks and meals and if they are maintaining records correctly.

Positive comments from recent surveys included - When asked if their child is happy with food being served, parents are happy to say: "Yes, they love it!" "... (my provider) is a wonderful cook. I'm very happy with the healthy eating habits both girls have as a result." "My children are very happy." "Very happy, would recommend provider." "Yes, very happy!" "... (my child) eats better with ... (our provider)."



Thank you to Luisa Londono, Nosheen Owais, Azucena Ruiz, and all our providers for doing a great job serving healthy and delicious meals.

WELCOME NEW PROVIDERS

We would like to welcome the following new providers who have joined the food program in April and May 2015.

*Fahmida Ahmed
Farjana Akter
Mosammat Begum
Sonnja Brown
Naima Chaib
Lakeysha Copeland
Silvia Escobar
Nelly Fortuna
Laila Hussain
Rubyna Isa*

*Marie Jones
Shamima Khatoon
Fatima Liiche
Carolina Munoz Munoz
Behshid Nazeri
Mubashara Rameez
Jenny Ramirez
Bernice Sowah
Shawna Watson*

We look forward to working with each of you. Please feel free to contact your field specialist or call our office at 1-800-735-5434 if you have any questions.

IMPORTANT REMINDERS

- * Enrollments must be mailed to our office within 5 days of a child enrolling in your daycare. You no longer have to print enrollments, please use the enrollment forms we provide.
- * If you need supplies (attendance, menus, envelopes, etc.) before your field specialist is due to see you, please call the office and we will be happy to send them to you.
- * Please use your name, not your daycare's name on papers and correspondence sent to us.
- * If you provide care on the following holidays you must submit a holiday care form signed by parents to receive reimbursement for that day.

HOLIDAYS REQUIRING A FORM

JANUARY New Year's Day	SEPTEMBER Labor Day
MAY Memorial Day	NOVEMBER Thanksgiving Day
JULY Independence Day	DECEMBER Christmas Day

- * Don't forget to enter the newsletter drawing. You can call, email or send the entry form from the newsletter for a chance to win a \$25 restaurant gift card.



PLEASE CONTACT OUR OFFICE IF YOU HAVE ANY QUESTIONS ABOUT THE ABOVE REMINDERS.

WEBSITES

<http://www.training.minutemenu.com/>

Find training on the Minute Menu WebKids or KidsPro software.

<https://www.gerber.com>

Start healthy, stay healthy. Find feeding concerns made simple.

MAY / JUNE WINNER

Congratulations to Mercy Brito from Round Hill, Provider #2245! Her name was chosen in the drawing. She will receive a \$25 restaurant gift card.

Thank you to everyone who entered.

NEWSLETTER DRAWING

As a thank you for all you do, we would like to give you an opportunity to receive a gift card to a local restaurant!

All providers who submit their name from this newsletter will be entered in the drawing.

There are three ways to enter

- send in the entry form from this newsletter
- send an email to sheila.j@cni-usda.org
- call our office at 1-800-735-5434

Be sure to mention the July/August 2015 Newsletter when you email or call.

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JULY/AUGUST 2015 ENTRY

NAME: _____

PROVIDER NUMBER: _____



RECIPES

YOGURT POPS

- 1 small can crushed pineapple
- 1 two-pound container low-fat strawberry yogurt
- Small paper cups and popsicle sticks



In a blender or food processor, blend one small can crushed pineapple with the juice and a two pound container of low-fat strawberry yogurt. Pour mixture into small paper cups then insert a popsicle stick into the center of each cup and freeze. Peel cups away when ready to serve.

PEANUT BUTTER & BANANA QUESADILLAS

- Taco or Burrito-sized flour tortillas
- Peanut Butter
- Bananas

Spread a thin layer of peanut butter on one side of a tortilla. Cover the tortilla with banana "coins". Top with another tortilla, peanut butter side down. Cut into pizza slices and serve. This is a quick and easy snack that would also work well toward a nutritious breakfast.

BANANA KRISPIES

- Sliced Bananas
- Peanut Butter
- Rice Krispies® Cereal



Top the banana slices with peanut butter. Don't try to spread the peanut butter, use a knife to "push" it onto the banana. Place some Rice Krispies® cereal in a shallow bowl. Dip the peanut butter covered bananas into the cereal. (The secret is getting the peanut butter to stick to the banana slice. Once you master that, you're good to go!)

FUN FOOD FACTS

- * Avocados are a fruit, not a vegetable.
- * Walnuts are the oldest tree food known to man.
- * The small "scales" at the tip of an asparagus spear are actually the leaves.
- * Peanuts are naturally cholesterol-free.