

2021 USDA CACFP MANDATORY TRAINING

PROVIDER NAME:	PROVIDER #
Record Keeping <ul style="list-style-type: none"> • Meal Counts (daily) * • Menus (daily) * • Attendance Records (daily) (Weekly Attendance Worksheet*) • Enrollment Records • Eligibility Records Child Meal Patterns * Infant Meal Requirements * Civil Rights Requirements - Civil Rights & You * Training Requirements (Annual) CDC Guidelines: COVID-19 (Coronavirus Updates and Resources) * <ul style="list-style-type: none"> • Social Distancing and Mask Mandates • Use of Personal Protective Equipment (PPE) 	* Resource on Website Cell #: _____ Email: _____

LICENSE: In order to apply and/or participate in the USDA Child and Adult Care Food Program (CACFP), providers must have a current State License, Voluntary Registration Certificate or a Permit from a local agency. Any changes to your license directly impact your participation with the Food Program. Make sure you do not exceed capacity, either the number of children or total points (16 points per adult). Assistants help with points but NOT the total number of children. Move Policy * – see CNI Policies.

FEEDING INFANTS:

- You are required to have an Infant Feeding Preference Form/Parent Choice Form * for each enrolled infant
- Parents may provide only one of the meal components.
- 0 through 11 months MUST include breast milk/formula - NO JUICE
- Offer water starting at 6 months. (Not before as their kidneys are not ready)
- Snacks for 6 months and older may include BM/formula, grain, fruit/veg. There are NO protein options for snacks.
- Breast milk is an allowable substitute for fluid milk for children of any age, infant formula is not.

FEEDING CHILDREN: Children 0-5 years old have twice as many taste buds as adults! Everyday can be different and you may have to try a food 15 times before they will eat it. Always be positive when trying new foods - no YUCK faces or anyone being negative. Try to get parents involved.

FOOD ALLERGIES: Identify if it is a true allergy vs intolerance/sensitivity. A food allergy is when the body mistakenly reacts to a certain food or ingredient as if it were harmful. Intolerance effects the digestive system and allergies effect the immune system. The food that causes the reaction is called an allergen. A Special Dietary Prescription form * is required for special meal or accommodations.

WHOLE GRAIN RICH: The USDA CACFP requires that at least one serving of grains each day contains a whole grain-rich component. We have a complete approved WIC list * of all approved brands on our web site.

WEB SITE: Make sure you are familiar with our website: www.cni-usda.org. It is loaded with information such as forms, resources, relevant web sites, nutritional education and training. Example: www.cacfp.org

I certify that I understand and will ensure compliance with the Child and Adult Care Food Program Training:

Provider's Signature _____ **Date** _____

Field Specialist Signature _____ **Time** _____ **Date** _____