

# ***Building for the Future***

This day care facility participates in the Child and Adult Care Food Program (CACFP), a Federal program that provides healthy meals and snacks to children receiving day care.

Each day more than 2.6 million children participate in CACFP at day care homes and centers across the country. Providers are reimbursed for serving nutritious meals which meet USDA requirements. The program plays a vital role in improving the quality of day care and making it more affordable for low-income families.

**MEALS:** CACFP homes and centers follow meal requirements established by USDA.

<b>Breakfast</b>	<b>Lunch or Supper</b>	<b>Snacks (Two of the five groups)</b>
Milk Fruit or Vegetable Grains or Bread Meat/Meat Alternate (to replace grain up to 3 times per week)	Milk Meat or meat alternate Grains or bread Fruit Vegetable	Milk Meat or meat alternate Grains or bread Fruit Vegetable

**PARTICIPATING FACILITIES:** Many different homes and centers operate CACFP and share the common goal of bringing nutritious meals and snacks to participants. Participating facilities include:

- **Child Care Centers:** Licensed or approved public or private nonprofit child care centers, Head Start programs, and some for-profit centers.
- **Family Day Care Homes:** Licensed or approved private homes.
- **At-Risk Afterschool Care Programs:** Centers in low-income areas provide free snacks and meals to school-age children and youth.
- **Homeless Shelters:** Emergency shelters provide food services to homeless children.

**ELIGIBILITY:** State agencies reimburse facilities that offer non-residential day care to the following children:

- Children age 12 and under,
- Migrant children age 15 and younger, and
- Youths through age 18 in afterschool care programs in needy areas.

**CONTACT INFORMATION:** If you have questions about the CACFP, please contact your

***Center/Sponsoring Organization:***

Child Nutrition, Inc.  
9 N 3<sup>rd</sup> Street, Suite 100  
Warrenton, VA 20186

1-540-347-3767

or

***State Administering Agency:***

Special Nutrition Programs: CACFP  
Virginia Department of Health  
Division of Community Nutrition  
109 Governor Street 8<sup>th</sup> Floor  
Richmond, VA 23219  
1-877-618-7282



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***WIC –Women, Infants and Children***

A SUPPLEMENTAL NUTRITION PROGRAM

Call if you are pregnant, breastfeeding, just had a baby or have kids under age 5.

Virginia Residents Only – Call Toll Free  
**(1-888-942-3663)**